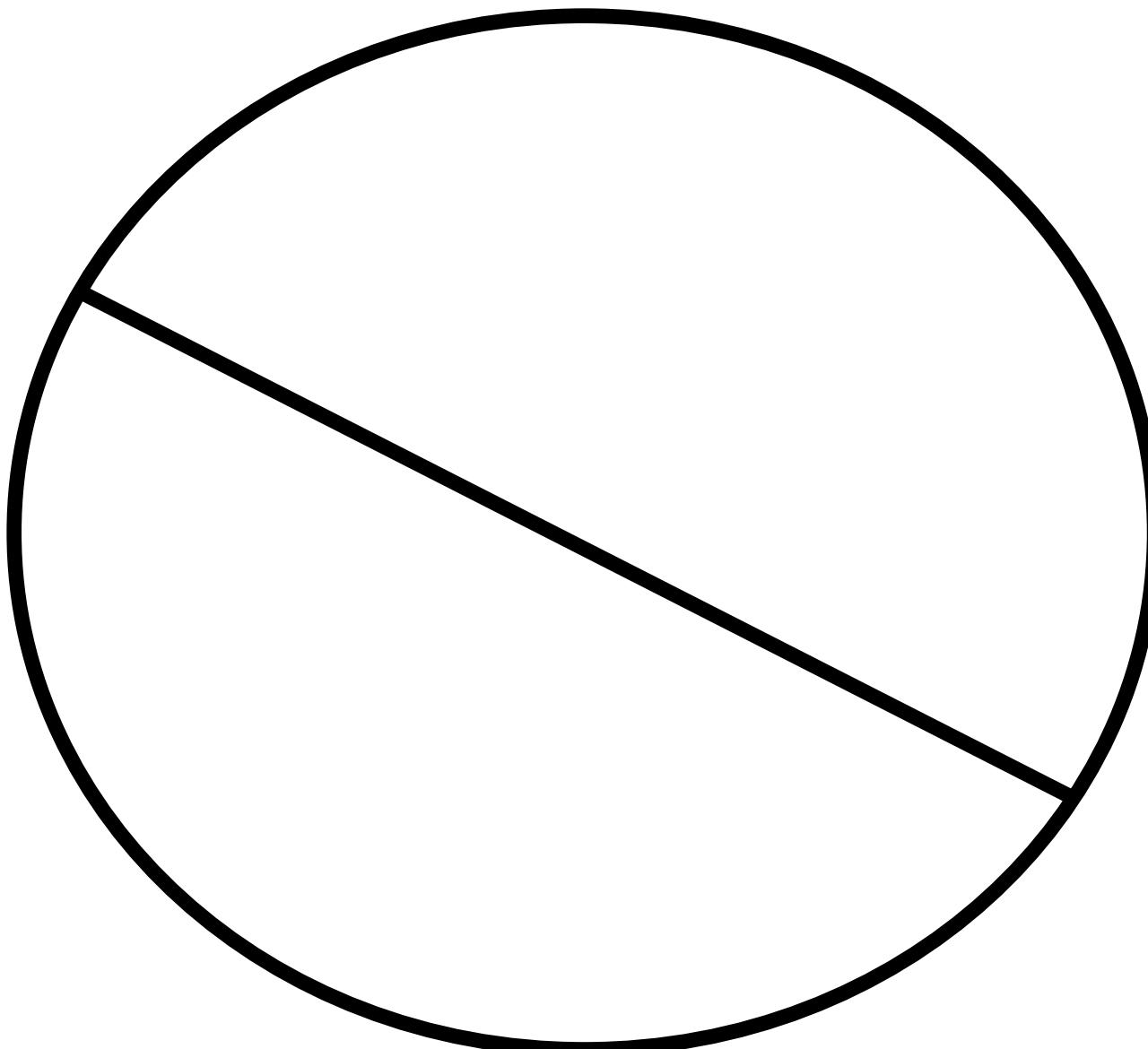


Take the #PlainPledge

How to take the Plain Pledge



1. Write down a health-related word that you promise to stop using or better explain to patients.
2. Take a photo of yourself with the pledge.
3. Share the photo with your health organization or post on your own social media platform with the hashtag #HealthLiteracyStuff